

MOTION BY SUPERVISOR MICHAEL D. ANTONOVICH

April 29, 2003

NUTRITIONAL GUIDE

According to the Centers for Disease Control and Prevention (CDC) and the United States Department of Health and Human Services, there has been a dramatic increase nationwide in overweight and obesity among children and adults in the last 20 years. Health conditions relating to overweight and obesity are estimated to cost society over \$117 billion each year in medical expenses and lost productivity.

Since the County of Los Angeles is responsible for the administration of the Food Stamp Program, it would be prudent that DPSS examine the feasibility of developing and distributing a nutritional guide for food stamp recipients. The guide would provide basic nutrition information, including the health benefits of maintaining a healthy weight.

I, THEREFORE, MOVE THAT the Board of Supervisors instruct the Director of the Department of Public Social Services (DPSS) to examine the feasibility of developing and distributing a nutritional guide to food stamp recipients;

I, FURTHER MOVE THAT this Board direct DPSS to report back with their findings and recommendations within 30 days.

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